



Consent for Treatment

Please initial each box as a written indication that you have read and understood the corresponding section.

Appointments:

You may schedule an appointment by:

(1) calling or texting **(803) 939-6747** Monday through Friday from 10:00am to 7:00pm

(2) emailing Samm@CarolinaBehavioralCounseling.com

(3) visiting carolinabehavioralcounseling.setmore.com

Emails may be accepted on any day at any time. Please allow up to 24 business hours to receive a response.

Cancellations:

We understand that sometimes circumstances may prevent you from attending your session. **24 hours notice is required** if you need to cancel or reschedule. For **late cancellations** (i.e., less than 24 hours) or **no-shows** (i.e., more than 15 minutes late), **you will be billed the entire appointment fee** to account for the session time being unavailable to other clients.

If you are running late to your appointment, please let us know. We will wait up to 15 minutes past your scheduled time **if we are notified of the delay**. After 15 minutes has passed without your arrival, it is considered a no-show and will be billed accordingly.

We are also happy to provide sessions via our private phone line. We kindly ask that you inform your counselor **at least 2 hours prior** to your scheduled appointment should you request this option.

Disclosure:

Samantha Brenner, MS, EdS, NCC, LPCA is provisionally licensed as Licensed Professional Counselor Associate (#6717) in the state of South Carolina. Samantha is receiving supervision from a Licensed Professional Counselor Supervisor. Please be informed that your sessions will remain confidential by name and other identifying information, but certain aspects of presenting problems and diagnoses will need to be discussed with her supervisor as per the Department of Labor, Licensing, and Regulation (LLR). Contact information or license information for the supervisor is available upon request.

Emergencies:

Should we feel concerned about your safety or wellbeing, phone calls to you or your emergency contact may be necessary.

Please be informed that we do not have a 24-hour crisis phone line. We are available during business hours (Monday through Friday 10:00am to 7:00pm) by phone call or text messages. If you are in crisis (including but not limited to self-harm, suicidal thoughts, homicidal thoughts), please call **1-(800) 273-8255** for the National Suicide and Crisis Hotline or **9-1-1** for emergency support.



Payments



We do not accept any insurance plans at this time. Payments are accepted via cash, credit card, or checks made payable to “Carolina Behavioral Counseling” and are **expected to be paid in full at the time of service** unless agreed upon by you and your counselor. At your first visit, we'll request and securely store your credit card information. This will be used in the event of a phone session, short-notice cancellation, no-show, or late arrival in accordance with our payment policies.

Please contact us for the most accurate information on pricing.

* Discounts are now available for military personnel and law enforcement officials with proof of identification.

Your Rights as a Client

Carolina Behavioral Counseling believes that therapy is a collaborative process between client and counselor. As the client, you have the right to:

- (1) ask questions about procedures, techniques, or nature of counseling services offered at Carolina Behavioral Counseling, as well as ask questions about your counselor's professional background and training
- (2) request information about diagnoses and/or request a summary of your case records with your written consent (i.e., a signed Release of Information form noting yourself as the recipient)
- (3) terminate services at any time, for any reason, without explanation (please note that **appointments must still be canceled with at least 24 hours notice to avoid accruing a fee**). Carolina Behavioral Counseling can provide referrals for other counseling services you may prefer.

You are encouraged to complete an optional satisfaction survey in order to share feedback that may help Carolina Behavioral Counseling improve upon any areas of concern.



Notice of Privacy Practices

Confidentiality and the *Health Insurance Portability and Accountability Act* (HIPAA):

Carolina Behavioral Counseling is responsible for preserving information obtained and keeping that information confidential, except as required by law (see below). In order for Carolina Behavioral Counseling to disclose any information regarding your treatment, a Release of Information form for *each entity* must be signed.

Confidentiality is crucial for maintaining a safe and healthy therapeutic relationship. However, in certain situations, mental health professionals are ***required by law*** to disclose information without your consent. Please read the following limits to confidentiality carefully and ask any questions that arise.

Carolina Behavioral Counseling is legally required to break confidentiality if:

- there is reasonable belief of imminent danger to harm yourself or others
- there is reasonable belief of abuse or neglect of a child, disabled adult, or elderly adult
- we are mandated to do so by an official court order from a judge

In these cases, and ***these cases only***, information will be disclosed to the appropriate authorities, including emergency personnel, family members, and any intended victim(s) of harm. This is considered the “Duty to Warn.”

We will provide a copy of this Privacy Practices form at any time per your request if you would like one for your records.

Client Name (Please Print): _____

Client Signature: _____ Date of Completion: _____

By signing above I acknowledge that I have read and understand the questions asked, and that I have provided honest answers to the best of my knowledge. It is my responsibility to seek further clarification from Carolina Behavioral Counseling if necessary.